

Joy in Fitness

喜 樂 同 健

8 六月 JUNE

3.00-4.30PM
下午3時至4時半

PURE Yoga Star Street

星街

Donation: HK\$500
捐款：港幣500元

SPONSOR 贊助
PURE FITNESS & YOGA

Enjoy a rejuvenating yoga session led by a skilled instructor on the Sunday afternoon. Come together with friends and family to strengthen your body, mind, and bonds with the community!

在主日午後，與家人朋友在經驗豐富的導師指導下，經歷悠閒放鬆的瑜珈工作坊。一起為座堂籌款，同時強健身心！

All proceeds will go towards supporting various ministries of St John's Cathedral.

收益將全數撥捐聖約翰座堂作發展各項事工之用。

Enrolment 報名

Go to Cathedral Office /
WhatsApp 5107 7170

到座堂辦事處或
WhatsApp至 5107 7170

FIRST COME FIRST SERVE 先到先得